



# Glenbard South Principal Newsletter

November 18, 2024

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## FROM THE OFFICE OF:

Raider Families,

With Thanksgiving next week, please let me take the opportunity to **THANK YOU** all for your support for our school and our students. We know that families are balancing so much between work and family life every single day. I want to give a shout out to our GBS Booster organization, which continues to organize event after event to support our students and our staff. Thank you to all of you that have volunteered at concessions this fall and those already signed up for the winter season. This is the main stream of revenue for our Boosters and we couldn't do it without the volunteers. Thank you!



We are looking forward to finishing the semester strong. Remember to encourage your student to sign up for Raider Hour ahead of time and to choose a session that leads them to success. We want all of our students to earn Cs or higher for every class. Step up and finish strong, RAIDERS!

There has been a great deal to celebrate this fall in the Raider Community. You will see many highlights listed below, as well as important upcoming events for our students. Looking forward to seeing many of you at the next show, "It's a Wonderful Life: A Live Radio Play" by Joe Landry or the many upcoming Winter sports events.

With Raider Pride,



**FROM THE OFFICE OF:**

**ASSISTANT PRINCIPAL OF INSTRUCTION**

**Mr. Sean Byrne**



## FREE ACT PREP COURSE

District 87 is offering a FREE ACT Prep course for all Glenbard Juniors. The ACT Prep course is provided by Academic Approach, a leading test preparation provider. Scoring well on the ACT affords students with post-secondary opportunities, including scholarships and admission to competitive colleges and universities.

**ACT  
PREP  
CLASS**

Based on feedback from students and families regarding conflicts with extra-curriculars in years past, students will now have the option of in-person or virtual instruction. There are two options of courses for students:

- **An 18-hour in-person or virtual session.** The 18-hour course is more comprehensive and recommended for students that would benefit from covering all areas of the test: English, reading, math, and science
- **A 12-hour virtual-only session.** The 12-hour course will consist of six hours of lecture with an additional six hours in their area of interest, either English/reading or math/science.

At Glenbard South, the 18-hour in-person class will meet after school on Tuesday and virtual classes will be offered Monday through Thursday, and on Saturdays. Prior to the class starting, students will take a diagnostic ACT which will be offered at Glenbard South on Tuesday, January 14th from 2:30-6pm or 6-9:30pm. Classes will begin the week of January 20th and end the week of April 1st. Students are expected to attend the entire class schedule. Please do not sign up for a class that competes with a Winter or Spring sport or activity.

Please use [this link](#) to sign up for the FREE ACT Prep Course. Please contact Mr. Byrne with any questions.

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## GLENBARD SOUTH SEMESTER 1 FINAL EXAM INFORMATION

# Glenbard South High School

## FIRST SEMESTER FINAL EXAM SCHEDULE 2024-25

	8:00 - 9:25	9:25 - 9:35	9:35 - 11:00	11:00 - 11:10	11:10 - 12:35	12:45 - 1:45
<b>Day 1</b> Wednesday 12/18/24	<b>Period 5</b> Exam	Break	<b>Period 3</b> Exam	Break	<b>Period 7</b> Exam	Resource Period
<b>Day 2</b> Thursday 12/19/24	<b>Period 6</b> Exam	Break	<b>Period 2</b> Exam	Break	<b>Period 8</b> Exam	Resource Period
<b>Day 3</b> Friday 12/20/24	<b>Period 4</b> Exam	Break	<b>Period 1</b> Exam	Break	Rescheduled/ Make-up Exam & <b>Zero Hour PE</b>	Resource Period

You can find detailed information about final exams [HERE](#).

FROM THE OFFICE OF:

ASSISTANT PRINCIPAL OF OPERATION

Mr. Taff Nielsen



### Important Dates For Your Calendar

Click [HERE](#) for important dates to save in your calendar.



## Veterans Day

November 11 marks an important day in America intended to honor and thank all military personnel who have served, or currently serve in the United States Armed Forces. Glenbard South students, families and staff were welcomed on campus to hundreds of American flags lining South's property. The flags were displayed courtesy of a Key Club service project. We started our school day with a special flag raising ceremony before school. The ceremony was led by Scout leaders from both the Boy Scouts and Girl Scouts. Also, our Raider Spirit Wall was designed and decorated courtesy of our Students For Students organization (Photo below). And finally, as a Glenbard South community, we will collect Socks for Veterans! There will be donation bins in the hallway for the next 2 weeks. All socks will be donated to the [Midwest Shelter for Homeless Veterans](#).



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## Young Hearts For Life (YH4L)

Glenbard South is pleased to offer all students a free, potentially life-saving ECG screening through Young Hearts for Life (YH4L) on Tuesday, December 3, 2024. At a recent Raider Hour, students learned about YH4L while viewing an informational video. You can also watch the video by using the link [HERE](#). To learn more about YH4L and to register your child for this lifesaving screening, please visit the YH4L website at [www.yh4l.org](http://www.yh4l.org). A parent/Guardian pre-authorization is necessary to be filled out in advance for a student to be screened. You can find the pre-authorization information on the website or by scanning the QR code.

**REGISTER YOUR STUDENT TODAY!**

**YOUNG HEARTS FOR LIFE  
HEART SCREENING at  
Glenbard South HS**

**Tuesday,  
December 3rd**

**It's Fast, Painless and  
could SAVE A LIFE!**



**Sponsored by: District 87, EKGs for EGK  
Erik "Lonnie" Lonvick Memorial Fund and YH4L Donors**



# GLENBARD SOUTH HS FAMILIES AND FRIENDS

## VOLUNTEERS NEEDED

for the YH4L ECG Screening on

**Tuesday, December 3rd**



Scan to volunteer

Don't forget to register your  
student for this free life-  
saving screening!

Sponsored by: EKGs for EKG,  
Glenbard South HS, Erik  
"Lonnie" Lonvick Memorial  
Fund and YH4L donors



### FROM THE OFFICE OF:

ASSISTANT PRINCIPAL OF STUDENT SERVICES

Ms. Marina Kosak



### World Kindness Day/Gratitude Day

We will celebrate World Kindness Day on November 20th, encouraging everyone to share a kindness with others and focus on the positivity that surrounds us. Even the smallest act of kindness can go a long way, and is a common thread that binds us all and builds connection.



As part of this we will celebrate Gratitude Day on Wednesday, November 20th after school in the commons. Parent volunteer members of the ACTS: Advocating Character Through Service Committee will supply the art supplies and pizza. This is a day to celebrate the impact of showing appreciation toward others. It affords us the opportunity to pause and recognize the transformative power gratitude has to energize individuals and positively influence physical and mental health. We encourage all of our students to attend our Gratitude Day on this day, it is a great way to say thank you to a staff member here at Glenbard South.



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## Fall Plays

Our drama students are coming off a successful production of, "**Where the Wild Things Are**". This was a completely student led show, from direction to lighting to costumes. They performed 3 shows throughout the very first weekend in November. Congratulations to all of our students who made the show possible to entertain an audience of all ages.

Now you can join Glenbard South High School for "**It's a Wonderful Life**". Performances will be December 6th-8th. (Dec 6th and 7th will be at 7:30pm, Dec 8th will be at 2:00pm.)

We hope you can join us for this holiday classic performed in the Little Theater here at Glenbard South.

## Mentor Day Recap

Glenbard South and Glenbard West, in partnership with the Glen Ellyn Rotary Club, offered a job shadow opportunity for our Junior students on Thursday, November 7th. A job shadow allows a student the chance to observe a professional on the job, giving them a real world glimpse into a profession. Job Shadows took place in the morning, with the luncheon after. Our students came away with some valuable knowledge of possible future professions and wonderful local contacts in their field. Thank you to our community members who gave their time to this wonderful tradition. And a special thank you to our College and Career Resource Coordinator, Ms. Anne Lange for her behind the scenes work here at Glenbard South to make sure our students had a successful day.

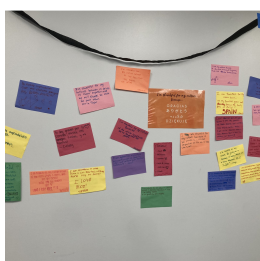
This year's participants for Mentor Day included: Veronica Lenart, Raha Akhoon, Enayah Irfan, Gabia Judickas, Say Ray Shee, Dana Muang, Alexis Stokes, Brooke Lange, Sydney David, Kenya Ezell, Olivia McFarlin, Kate Miller, Jamie Mizwicki, Amber Harris and Addison Santos.

Thank you for representing Glenbard South in a positive way in our community.



## Friends Giving (BEU, Latinos Unidos, MSA, and Asian Initiative)

Glenbard South celebrated our second annual International Friendsgiving on Tuesday, November 12th. This event is a great opportunity for Raiders to come together around an international meal supplied by our Asian Initiative, BEU, Latinos Unidos, and MSA student members and staff. All members of the Raider community were invited to partake in this meal that brought together so much of what it means to be a Raider. We are grateful for the relationships we have, and this event showcases is what a great community we have at Glenbard South





## From the Health Office

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### NOVEMBER IS DIABETES AWARENESS MONTH

Type 1 diabetes (T1D) is a chronic autoimmune disease. This means that it doesn't go away. Anyone can be diagnosed with type 1 diabetes at any age, though it usually is diagnosed in childhood or adolescence.

In T1D, the body's immune system attacks the insulin-producing cells in the pancreas. Insulin is an essential hormone that helps the body turn food into energy. People living with type 1 diabetes must take insulin by injection or insulin pump to survive.

Living with T1D requires extra work, but with the right support and information, you or your loved one can lead a fulfilling, active life.

The most common warning signs of type 1 diabetes (T1D) are:

- Frequent urination
- Increased thirst and dry mouth
- Increased appetite
- Fatigue
- Unexplained weight loss

The onset of symptoms can be sudden, especially in very young children. If you or someone you know is experiencing any of these symptoms, contact your medical provider immediately. (Excerpt from Breakthrough TD1)

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## School Counseling

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### Opportunity for Sophomores and Juniors: Visit the Technical Center of DuPage!

Is your sophomore or junior interested in hands-on learning and exploring career pathways while attending Glenbard South? They have a great opportunity to visit the Technical Center of DuPage (TCD) on December 5th!



Space is limited, so encourage your student to stop by the school counseling office to pick up a field trip permission form as soon as possible. TCD offers incredible programs in a wide range of fields, and this visit is the perfect way to see what it's all about.

Want to learn more? Watch [this short video](#) and explore program descriptions and virtual tours at [www.tcdupage.org](http://www.tcdupage.org).

Don't let your student miss out on this exciting opportunity!

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## College of DuPage (COD) Application Workshop

Seniors who plan to apply to COD are invited to attend the following sessions offered during Raider Agency days:



November 18, 2024	College of DuPage Information Session
November 22, 2024	College of DuPage Application Workshop



### Parents of Juniors

We recently sent out an email inviting you to schedule a one-on-one meeting with your junior's school counselor. These optional, yet highly valuable, meetings are designed to help your junior stay on track for their senior year and beyond.

During the meeting, we'll review your junior's transcript, ensure they're meeting all credits and graduation requirements, discuss upcoming ACT testing, and talk through their post-secondary plans—whether that's college, technical training, or another path. It's a great opportunity to ensure everything is in place as your junior prepares for their final year of high school.

If you haven't had a chance to schedule a meeting yet, there's still time! Please email Mrs. Duffy at [michelle\\_duffy@glenbard.org](mailto:michelle_duffy@glenbard.org) with your availability, and she'll help you find a convenient time. Appointments are 30 minutes long and are available during school hours throughout November and December, before winter break. You can choose to meet in person or virtually, whichever works best for your family.

We're excited to work with you as your junior takes this next big step toward graduation and their future!

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## Freshman Families: Exciting News for November!

Our counselors are excited to begin working with freshmen during Agency Days in mid to late November as part of our *Freshman Focus* curriculum! During this time, we'll introduce your student to Schoolinks, a fantastic web-based platform that helps students explore careers, research colleges and universities, and discover more about themselves.



Your freshman will start by completing a career interest inventory, which will give them valuable insights into their strengths and passions. They'll use this information not only to begin planning for future careers but also to make thoughtful decisions about next year's classes and beyond.

We can't wait to support your students as they start thinking about their future!

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### Local Scholarships

Every year, 50+ local organizations provide scholarships for Glenbard South students. Seniors only need to complete ONE application to be considered for all of these scholarships. Glenbard South's Local Scholarship application went live on Friday, November 1st. The application is due in its entirety on Friday, January 19th. Please find more information including directions

and required forms [here](#) and on Schoolinks. All local scholarship information can also be found on the [school counseling website](#). Please contact our school counselors who oversee scholarships with any questions, Mr. Hudgins at [nicholas\\_hudgins@glenbard.org](mailto:nicholas_hudgins@glenbard.org) or Mrs. Douglas at [ashley\\_douglas@glenbard.org](mailto:ashley_douglas@glenbard.org).

The application for the [Ed Posh Scholarship](#) is now open and is due by January 31, 2025. A link is also available on Schoolinks as well as other scholarship opportunities. Check out the scholarship section in Schoolinks under the finances tab. Please contact our school counselors who oversee scholarships with any questions, Mr. Hudgins at [nicholas\\_hudgins@glenbard.org](mailto:nicholas_hudgins@glenbard.org) or Mrs. Douglas at [ashley\\_douglas@glenbard.org](mailto:ashley_douglas@glenbard.org).

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### FAFSA

As a reminder, a non-academic graduation requirement for seniors is that they either need to file the [Free Application for Federal Student Aid](#) (FAFSA), the [Alternate Application](#) for Illinois Financial Aid or complete the FAFSA Non-Participation Form. The non participation digital form will be made available [here](#) in December when the FAFSA becomes available



The FAFSA is expected to open on December 1st! Following is a list of our upcoming FAFSA ID and FAFSA completion workshops. Parents and students are encouraged to attend.

Monday, Dec.9th, 6-7pm	FSA ID workshop	Virtual via Zoom <a href="#">ZOOM LINK</a>
Tuesday, Dec.17th, 6-8pm	FAFSA workshop	Virtual via Zoom <a href="#">ZOOM LINK</a>
Wednesday, Feb.19th, 6-7pm	FSA ID workshop	Virtual via Zoom <a href="#">ZOOM LINK</a>
Thursday, Feb. 27th 3-5pm	FAFSA Workshop	Glenbard South LRC IN PERSON

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### From the Office of:

Assistant Principal of Athletics  
Mr. Tim Carlson



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### Congratulations

Congratulations to sophomore Tom Jochum on his 2nd place finish at the IHSA Class 2A State Cross Country meet last weekend in Peoria. Tom has earned All State recognition for the second consecutive year.







## Save the Date

Be sure to save the date for Pack the Place 2025. It will be held on Friday, January 10th. Below is the list of events for the night.

Boys and Girls Wrestling vs Elmwood Park 5:30PM (Fieldhouse West End and Auditorium)

Boys Varsity Basketball vs Ridgewood 5:30PM Raider Gym

Girls JV Basketball vs Ridgewood 5:30PM Fieldhouse

Girls Varsity Basketball vs Ridgewood 7:00PM Raider Gym

Boys Sophomore Basketball 7:00PM Fieldhouse

Girls Gymnastics vs Morton 6PM Raider Gymnastics Balcony

Plus Cheer, Dance, Pep Band along with contests and prizes.

You don't want to miss it.



# GPS Glenbard Parent Series

## GPS Parent Series

### Navigating Healthy Families

LINK TO BROCHURE ON NEW WEBSITE:

<https://gpsparentseries.org/#brochure>



Please visit our website for  
links and program details:  
[GPSParentSeries.org](https://GPSParentSeries.org)

#### Upcoming Events



**Understanding and Preventing Addiction: Beautiful Boy**  
Nic Sheff in conversation with Jessica Lahey  
Wednesday, November 20 at noon and 7 p.m.



**HYBRID NOON EVENT — Autonomy/Balanced Parenting: Reduce Parent Burnout and Raise Competent Kids**  
Dr. Emily Edlynn  
Wednesday, December 4 at noon and 7 p.m. on Zoom  
Also in person at Silverleaf Room in the Culinary and Hospitality Center at College of DuPage (COD) at noon



**FUSE / B-PAC — First a Dream: Find Your Future at College Night**  
**Primero un sueño: Encuentra tu futuro en la Noche Universitaria**  
Susanna Melón, Timothy Fields and Distinguished Panel  
Thursday, December 5 at 7 p.m.  
Presented in Spanish and English. Visit [GPSParentSeries.org](https://GPSParentSeries.org) for links.



**A Blueprint/Skills for Better Grades and Less Stress**  
Ana Homayoun  
Tuesday, December 10 at noon and 7 p.m.



**Seven Steps to College Success: A Pathway for Students with Disabilities**  
Elizabeth Hamblet  
Wednesday, December 11 at noon-1:30 and 7-8:30 p.m.



**Strengthening T(w)een Socialization Skills for Better Interpersonal Relationships**  
Dr. Timothy Wahlberg  
Tuesday, December 17 at noon and 7 p.m.



**Bright Kids Who Couldn't Care Less: Tools for Tackling Motivation**  
Dr. Ellen Braaten  
Thursday, January 9 at noon and 7 p.m.



## Boosters

The purpose of the GBS Boosters is to encourage and promote all extracurricular activities at Glenbard South. GBS Boosters supports music, arts, academics (scholarships), and after-school clubs in addition to athletics. GBS Boosters raises money through membership fees, donations, concessions, Raider Wear sales, and social events throughout the year. All GBS families, alumni, teachers, staff members, and members of the community are invited to become part of the Boosters.



Please consider becoming a Glenbard South Booster. Click on the link below for more information.



## ***SUPPORTING STUDENTS, ACTIVITIES, AND COMMUNITY***

### **BELOW IS A LIST OF SOME OF THE EVENTS AND COMMITTEES HOSTED, PARTICIPATED IN, OR SUPPORTED BY GBS BOOSTERS THROUGHOUT THE YEAR**

Freshman Parent Night & BBQ •  
Blue and White Night • local  
restaurant and giveback nights  
• Fall Mum Sale + Spring Plant  
Sale • Raider Pride Night • Fall  
Social Wine Bingo Night •  
Teacher/Staff Appreciation  
Breakfast • Gratitude Day



• Pack the Place • Winter Social  
Trivia Night • Valentine's for  
Vets • Floral Symphony •  
Teacher Appreciation Luncheon  
• Senior Farewell Fest • Annual  
Golf Outing • Volunteer  
Appreciation Night  
(Winter/Spring).

 [gsboosters.org/joinnow](https://gsboosters.org/joinnow)



#### **Become a Member - Glenbard South Boosters**

We invite all community members, alumni, parents, and faculty to join the Glenbard South Boosters.

 [gsboosters.org](https://gsboosters.org)

**Glenbard South High School**

**Website:** [www.glenbardsouthhs.org](https://www.glenbardsouthhs.org)

**Location:** [23W200 Butterfield Rd, Glen Ellyn, IL, USA](#)





Phone: [630-469-6500](tel:630-469-6500)

Twitter: [@GBSraiders](https://twitter.com/GBSraiders)



**Maria Mazza**

Maria is using Smore to create beautiful newsletters

