

Glenbard South Principal Newsletter

February 17, 2023



FROM THE OFFICE OF:

ASSISTANT PRINCIPAL OF INSTRUCTION

Mr. Sean Byrne



Online SAT Practice available through Khan Academy

All Raiders can start practicing for the SAT with a personalized study plan based on their scores on previous tests in the SAT Suite. It is 100% free and can help all students improve their scores on upcoming tests.

Students should follow these steps to get started:

1. Create an account on Khan Academy or sign in to an existing account.
2. Agree to link your Khan Academy and College Board accounts.
3. Log in to your College Board account and click SEND.

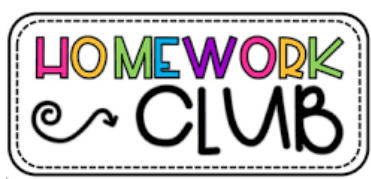
Click [here](#) for a video walking you through these steps.

Important Upcoming Testing Dates

Families should keep these dates in mind for future planning. These testing dates are important for all assigned students to be in attendance.

- **SAT**
 - Wednesday, April 12, 2023
 - Juniors Only; No school for other students.
- **PSAT 8/9 and PSAT 10:**
 - Monday, April 17, 2023
 - Freshman and Sophomores Only; No school for other students.
- **AP Testing**
 - May 1 - 12, 2023
 - Students registered for these tests when they enrolled in AP Classroom at the beginning of the school year.
 - Each subject is tested on a different day. Please see [THIS LINK](#) for specific dates.

More information will be given to students closer to the testing dates.



Please encourage your Raider to attend Homework Club

Homework Club is an afterschool program and all students are welcome! Students can stop in to get help with assignments, use the time to get organized before leaving for home, or just use it as a quiet place to get some work completed.

Homework Club meets on Tuesdays and Thursdays from 2:45 - 4:15 in the library. There is an activity bus, which departs Glenbard South at 3:30 pm and an athletic bus that leaves school at 5:30 pm.

FROM THE OFFICE OF:

ASSISTANT PRINCIPAL OF STUDENT SERVICES



Winter Formal Dance

Tickets are now on sale but won't be for much longer. Our Student Council is planning a Winter Formal Dance that will be held in the Commons on **Saturday, February 25th from 7-9 pm**. The theme is, "Out of this World Winter Formal". Tickets are \$15 and went on sale on February 13th. **They will be on sale from the Hub until Wednesday, February 22nd**. There will be no ticket sales at the door. This is a tradition that we would like to bring back to Glenbard South and are hoping to see our students come out on the 25th to enjoy some time with their fellow Raiders.



**OUT OF THIS WORLD
WINTER FORMAL**

**FEBURARY 25 2023
SATURDAY
7-9PM**

**TICKET PRICE: \$15
TICKET SALE BEGINS 2/13
GBS COMMONS**

SEMI FORMAL ATTIRE

Live Life Well Week

The week of February 20th is Glenbard District 87's annual "Live Life Well Week". This year's theme is: "When it rains, look for rainbows. When it's dark, look for stars". Our students will have daily activities that will allow them to look at different ways to be thoughtful and show gratitude to our community while maintaining a healthy lifestyle. The week always starts off with "President's Day of Service" held at the Ackerman Center in Glen Ellyn from 11:30am to 1:00 pm. All Glenbard students are invited to come and make blankets for kids with cancer. From there we will have different activities held throughout the week at South. Please see the flyer below to see how our Raiders will be celebrating the week.

Glenbard South
Live Life Well Week 2023
**WHEN IT RAINS,
LOOK FOR RAINBOWS**
**WHEN IT'S DARK,
LOOK FOR STARS**

WHEN IT RAINS, LOOK FOR
RAINBOWS
WHEN IT'S DARK, LOOK FOR
STARS
LIVE LIFE WELL 2023

NO SCHOOL

Presidents' Day of Service 11:30am-1:30pm
All Glenbard students are welcome to volunteer to make blankets for children with cancer at the Glen Eilyn Ackerman Facility for *Project Linus*. Pizza and supplies are provided by the West Nation ACTS (Advocating Character Through Service) Parent Committee in partnership with Glenbard clubs and teams.

Positive Tuesday
Events will aim to cultivate positivity: replace negative thoughts with positive ones, you'll start having positive results. During lunch students will have the opportunity to engage in creative positivity through *PositivIT* Mandala coloring.

Wellness Wednesday
Spirit Day-Comfy Cozy Day (wear pajamas)
Students in PE classes will hear virtual guest speaker Juan Bendana who will share the strategies to help you step into your greatness, create success, and design your destiny.
Hot Chocolate for Charity during all lunches. Donations benefit the **Raider Family Fund**.

Thoughtful Thursday
Spirit Day-Rainbows and Stars
Events will highlight skills of empathy, kindness, and connection while encouraging students to remain present in the moment.
Students can share their "Rainbow when it Rains" and "Star when it's Dark" on banners in the Commons.
Bestselling author Josh Shipp speaks at the Glenbard Parent Series at 7pm "Every Kid is One Caring Adult Away From Being A Success Story." Go to GlenbardGPS.org for the link.

Fun Friday
Spirit Day-Raider Wear
Activities throughout the day will aim to foster joy through the power of play. During lunch periods, students can participate in 4 Square and Bags in Commons Hallway and Ping Pong in Champions Hallway.
Healthy Cooking Challenge vote for you favorite "Grab & Go" breakfast before school start: Parfait Paradise vs Healthy Veggie Quiche Bites.

FEB
20

FEB
21

FEB
22

FEB
23

FEB
24

Math Team

Congratulations to our Math Team who took 1st place at the Glenbard Invite math competition this past weekend at Glenbard West.

Overall - 1st place

Group Events with 1st place finishes - Freshman/Sophomore 8-person, Junior/Senior 8-person, Freshman/Sophomore 2-person, Junior/Senior 2-person, Relay

Individual Events - Algebra (Gavin Loftsgaarden and David Puchalski - 7th place, Ben Gower - 4th place, Ashrith Valluri - 2nd place, Alex Long - 1st place)

Geometry (Amelia Buhle and Jon Park - 5th place, Grace Bittlingmaier- 3rd place, Ella Pope - 2nd place, Andrew Lullo - 1st place)

Algebra 2 (Erik Schmall - 10th place, Emily Puchalski - 9th place, Ryan Pratt and Aaron Berntsen - 6th place, Lucas Newman - 4th place)

PreCalculus (Henry Lazzaro - 9th place, Samantha Lullo - 8th place, David Savenok and Ben Vogt - 4th place, Griffin Burke - 2nd place, Andrew Par - 1st place)



Violence and Bullying Hotline

At Glenbard South, we offer a violence and bullying hotline which allows students to provide anonymous information to school officials regarding potential school threats or bullying incidents. The number is (630) 534-4230.

Additionally, students can text a CRISIS Test Line: Text HOME to 74141 which sends information to a Crisis Counselor, a real-life human trained to help individuals return to a healthy/stable level of functioning.

The State of Illinois launched a school safety program last year called Safe2Help Illinois in an effort to raise awareness of the 21st century threats facing schoolchildren in Illinois. Safe2Help Illinois will offer students a safe, confidential way in which to share information that might help prevent suicides, bullying, school violence or other threats to school safety. This program is intended to get students to "Seek Help Before Harm." Call 844-472-3345 or Text 72332(SAFE2) to report.

The Attorney General's Safety Tips homepage contains several links that may provide additional helpful resources: <http://illinoisattorneygeneral.gov/children/kids/safetytips.html>

Students who wish to report a potential act of school violence at Glenbard South may also leave an anonymous message with our Police Liaison Officer at (630) 469-4297.

School Counseling

School Counselors Celebrated National School Counseling Week, Feb. 6-10, 2023

National School Counseling Week 2023, "School Counselors: Helping Students Dream Big," sponsored by the American School Counselor Association (ASCA), was celebrated from Feb. 6–10, 2023, to focus public attention on the unique contribution of school counselors within U.S. school systems and how students are different as a result of what school counselors do. National School Counseling Week highlights the tremendous impact school counselors can have in helping students achieve school success and plan for a career.

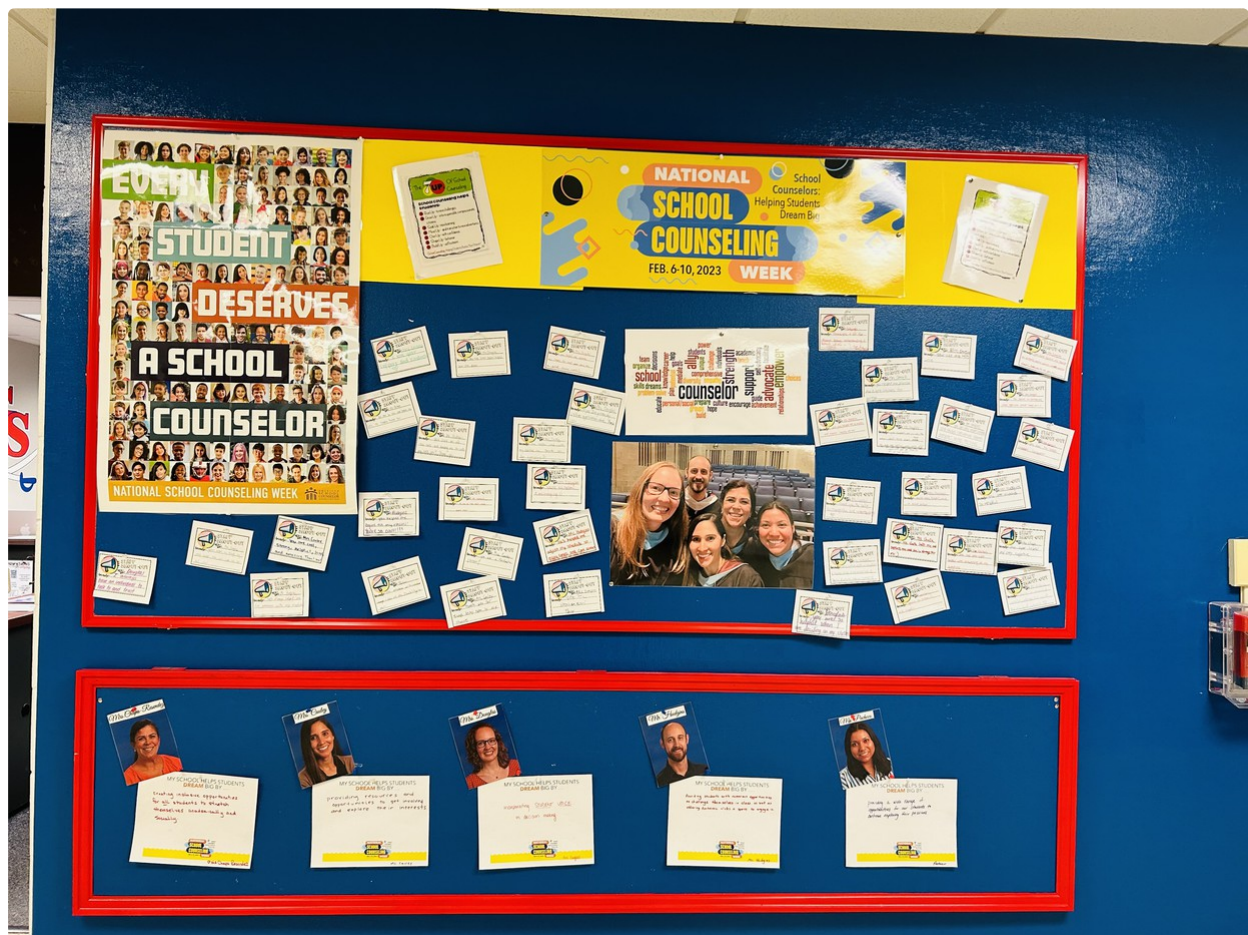
The special week honoring school counselors provides recognition for school counselors who are actively engaged in helping students examine their abilities, strengths, interests and talents; for working in a partnership with parents as they encounter the challenges of raising children in today's world; for focusing on positive ways to enhance students' academic, career and social/emotional development; and working with teachers and other educators to provide an educational system where students can realize their potential and set healthy, realistic and optimistic aspirations for themselves.

School counselors are certified, experienced educators with a master's degree in school counseling. The combination of their training and experience makes them an integral part of the total educational program.

"School counselors work with all students to remove barriers to learning by addressing students' academic concerns, career options and social/emotional skills," said Jill Cook, ASCA executive director. "School counseling programs help to increase student achievement and provide a much-needed resource for students, parents, teachers and administrators. School counselors are integral to student success."

More than 100,000 school counselors nationwide will be participating in the week's festivities. Many schools will be hosting special events and activities to call attention to the countless benefits of a comprehensive school counseling program.

As part of its celebration for National School Counseling Week, Glenbard South High School posted quotes from their school counselors on how they help students dream big. Our school counselors were celebrated and recognized for their tremendous contributions to our students' well-being.



Benefits of College Visits

College visits are a vital part of the college investigation process. Whether you are a freshman at the beginning stages of the college process or a senior trying to make a final decision, college visits can have a powerful impact. There is nothing quite like experiencing a college campus first hand. In many cases, investing in a college education might be one of the most significant financial investments one ever makes. Getting a chance to visit multiple campuses provides the added research needed so you can feel confident about whatever choice you make.

Here are 4 benefits of college visits:

1. **Get a better "feel" of the campus.** Each campus has a different style; something that makes it unique. Some campuses are large and spread out, while other campuses are small and compact. Getting a feel of the college environment can help students decide if a large state school or a small liberal arts school is a better fit.
2. **Going on a college tour.** Tours can take students into a classroom, meet students and faculty, and even get a chance to see what a dorm room looks like. This helps students to start to formulate what is important to them. For example, how do they feel about large class sizes? What benefits does dorm life provide?
3. **Chance to ask lots of questions.** College visits allow you to ask questions that you didn't even know you had. The process can be overwhelming, but having a chance to get on campus and ask as many questions as possible can be extremely helpful. College admission counselors are ready and eager to answer whatever questions students and parents have. Provides motivation. Like all goals, having a vision of college keeps students motivated.
4. **Sets a vision for the future.** Seeing a college in person and becoming aware of all the exciting possibilities of their future puts a concept that might once have been black and white into color.

This vision can help students to remember why every test, every assignment, and all their hard work matters.

Planning a college visit doesn't have to be difficult or even cost any money. The first step will be to visit the college website. Starting with local schools can be a great first step.

FAFSA required for seniors!

A non-academic **graduation requirement** for seniors this year is that you either need to file the [Free Application for Federal Student Aid](#) (FAFSA), or the [Alternate Application for Illinois Financial Aid](#), or to submit a FAFSA [Non-participation form](#) to your counselor. Please note that if you fill out the Non-participation form, you can change your mind and apply for FAFSA later.



Our ISAC representative, Avalon Bruno, can help you file your FAFSA. There are appointments available to our students on most Thursdays. Parents may also meet with Avalon, and may contact Mrs. Duffy at 630-942-6648 or michelle.duffy@glenbard.org to schedule a Zoom meeting appointment if needed. You can also text ISAC College Q&A with questions about FAFSA, college, and more: (630) 216-4910. (Servicio en Español (773) 823-0570.)

College of DuPage Application Information

COD will once again be at Glenbard South on February 23rd to conduct an application workshop with our seniors who still plan to apply. Looking forward, we are taking a group of seniors who already applied and plan to attend College of DuPage (COD) for an enrollment event on March 23rd.

Deadline for the Engineering Pathways program is fast approaching on April 5th. More information can be found [here](#).



FROM THE OFFICE OF:

ASSISTANT PRINCIPAL OF OPERATION

Mr. Taff Nielsen

Commencement for Class of 2023

This year's Commencement Ceremony to celebrate the Class of 2023 will be on Thursday, May 18th, 2023. The ceremony will begin at 6:30pm. We are in the process of finalizing the senior end-of-the-year events and more information will be shared soon in a Senior Special Edition Newsletter.

FROM THE OFFICE OF:

Assistant Principal of Athletics
Tim Carlson



Spring Sports Start Dates

Some spring sports have already begun while others are just around the corner. If you are interested in participating in a spring sport, you must have a valid physical on file and be registered in PowerSchool for the sport you are participating in. A student may not begin until both components are completed.

The graphic features a large red 'GS' logo with a white outline on a blue background. Below the logo, the text 'SPRING SPORTS START DATES' is written in red and blue. At the bottom, a small blue box contains the text: 'MUST BE REGISTERED IN POWERSCHOOL AND HAVE A CURRENT PHYSICAL IN ORDER TO TRYOUT.'

DATE	SPORTS
FEBRUARY 13	Boys Gymnastics
FEBRUARY 27	Badminton Baseball Boys Lacrosse (Glenbard Co-op) Girls Soccer Softball Boys Tennis
MARCH 6	Boys Volleyball

Boys and Girls Track began in January (You may still signup for these sports.)

Varsity Dance Finishes 7th in State

Congratulations to our varsity dance team on their 7th place finish at the IHSA State Finals that were held in Bloomington on January 27 and 28. The Raiders competed downstate for the second year in a row and earned our highest state finish out of our three state appearances. Great Job Raiders!



Ryan Kalebic Qualifies for IHSA Boys Bowling State Finals

Congratulations to Ryan Kalebic on qualifying for the IHSA State Boys Bowling Finals. Ryan competed at St. Clair Bowl in O'Fallon on January 27 and 28. Ryan was the sectional champion this season as well. Great job Ryan!



Girls Basketball Wins Upstate 8 Conference Championship

Congratulations to the girls varsity basketball team on winning the Upstate 8 Conference Championship. The Raiders finished 17-1 in conference play and brought home our first conference championship since the 2018 team that won the Metro Suburban Conference Championship. Great Job Raiders!



Good luck to our girls' varsity basketball team at Regionals on Friday, February 17th at Hinsdale South High School at 7 pm. Come on out to cheer them on to victory against Montini!

Wade Hardtke Becomes Glenbard South All-Time Winningest Boys Basketball Coach

Congratulations to Head Boys Basketball Coach Wade Hardtke on becoming South's all-time winningest boys basketball coach. Wade earned win #246 with the team's victory over Fenton on January 24th surpassing the former record of 245 wins set by Dave Lohrke. Wade is in his 17th season as Raiders head coach.





SUPERINTENDENT

Dr. Larson

Superintendent encourages families to register for summer program

Although the weather outside is cold, it's time to think about summer school. Registration for summer school is open now. Learn more at sr.glenbard.org.

Variety of Course Formats Available

I am proud of our robust summer school program offerings, which feature many free classes, as well as classes taught by our teachers.

Our summer courses are a great opportunity for incoming freshmen to take a Bridge class and get acclimated to their new school environment. It's also an important opportunity for older students to take enrichment, get-ahead credit classes, and credit recovery. Let's take a closer look at these offerings.

- Bridge courses are noncredit bearing and help students transition from eighth grade to freshman year in specific content areas. Bridge classes are also free, and an important opportunity for new students to familiarize themselves with their high school building, staff and teachers. I imagine many of us remember that feeling of being overwhelmed and a little lost when we started high school. Bridge classes alleviate that feeling for students, while reviewing academic skills at the same time.
- Enrichment courses are noncredit bearing, free and designed for rising sophomores through seniors as support over the summer in preparation for the upcoming school year. AP Launch is a popular course specifically designed to help students who will be experiencing an Advanced Placement course for the first time.
- Credit recovery courses provide students with the opportunity to recover course credit from a previous school year. These classes also are free. These courses align with our goals of ensuring that all students graduate on time and with a clear postsecondary plan.
- Get-ahead credit courses allow students to get ahead in earning their graduation requirements, and free up room in their schedule during the regular school year to explore additional coursework. These are the only summer program classes with a fee.

Benefits of Summer Program

Summer school is part of our school culture. During the summer, it is common to see many of our students in school. I am proud of our students for taking advantage of this opportunity, and I appreciate families who prioritize year-round learning. Research shows that students who take summer school courses avoid “summer slide” in their learning. Additional benefits include:

- Summer school cultivates a work ethic that will serve students well in the future.
- Summer school also provides structure for young people and helps them build confidence in their skills and abilities.

We developed our summer program to meet the needs of each of our students. Our knowledgeable school counselors help students determine which classes to take during the summer.

Room for Learning and More in Summer

We understand that students have a lot going on during the summer, including working, family time and participating in summer camps. Our summer program is designed to allow students to take classes and still have time for all of these things and more.

I encourage you and your student to review the course offerings and register for a summer class at sr.glenbard.org. The summer program will make a meaningful difference in students’ academic achievement.



Floral Symphony

Wednesday, March 8
2023 • 7:00 PM

Floral Symphony

A 30-YEAR TRADITION!

A fundraiser
benefiting the
Glenbard South
High School
Music Program

Flowers

Fun!



Prizes

Watch local floral designers as they create beautiful, unique arrangements while our talented MC explains the process. Over 30 exceptional floral arrangements (most valued at \$100+ ea.) will be awarded as door prizes—each ticket purchased serves as a door prize entry.

Doors open and student music performances begin at 6:30 pm at Glenbard South High School.

\$20 IN ADVANCE • \$25 AT THE DOOR

Music

SAVE THE DATE!

All arrangements will be given away. Must be present to win.
Raffle tickets for additional prizes will be sold on site and online.

Questions?

Email:
glenbardfs@gmail.com

Golf Outing Information

Glenbard South Boosters

GOLF OUTING!



Tickets
On Sale
NOW!

MONDAY
JUNE 5, 2023

18 Hole & Dinner
Only Options

1 PM SHOTGUN START
(11 AM Check-In)

Prairie Landing Golf Club
West Chicago

register
today



Contests
AND
Prizes!

Tickets: [gsboosters/2023-golf-outing](https://gsboosters.com/2023-golf-outing)

Proceeds benefit Glenbard South's 5 A's - Arts, Academics, Athletics, Activities, Aesthetics

**PLEASE CONSIDER DONATING MERCHANDISE, SERVICES,
AND/OR GIFT CARDS TO THE SILENT AUCTION**

Booster Membership

Glenbard South Boosters



Boosters supports academic, athletic, art, and other activities through fundraising and community programs. Help support these programs through *Membership, Sponsorship and Volunteering.*



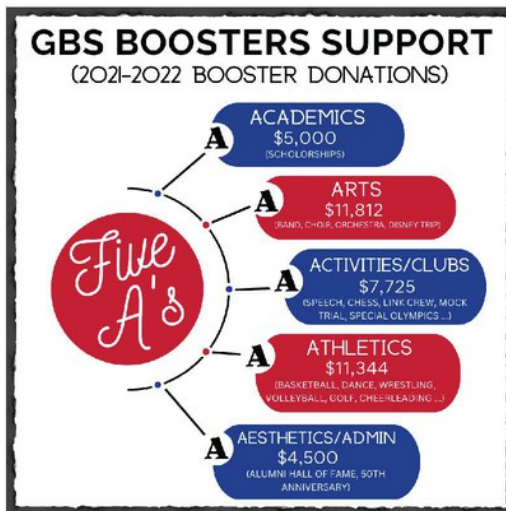
REGISTER ONLINE FOR THE 2023/2024 SCHOOL YEAR TODAY!

Become a Boosters Member www.gsboosters.org/joinnow

The purpose of the GBS Boosters is to encourage and promote all extracurricular activities to enrich the student experience at Glenbard South. Boosters raise funds through membership fees, donations, concessions, Raider Wear sales, and social events throughout the year. Members can also purchase annual activity and parking passes.

<p>Basic Membership</p> <p>\$25</p> <p>Support programs & receive invites to events</p>	<p>Individual</p> <p>\$55</p> <p>Basic Membership + 1 activity pass</p>	<p>Family</p> <p>\$65</p> <p>Basic Membership + 2 activity pass</p>	<p>Family Plus Parking</p> <p>\$100</p> <p>Basic Membership + 2 activity passes PLUS parking pass for all home football games</p>
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Glenbard D87 Family Activity Pass admits parents/guardians and siblings, 8th grade and younger, to all Glenbard home athletic contests and concerts. Current students are admitted free with student IDs. School musicals, plays and IHSA tournaments are not included.



Become a Boosters Sponsor

www.gsboosters.org/sponsorships

When you donate to the Boosters, your name will appear on the Boosters website and will be publicized at events throughout the year. A 501(c)(3) tax receipt will be provided if requested.



Become a Boosters Volunteer

www.gsboosters.org/get-involved

Participate in your student's high school world and get to know other students, parents, teachers, and administrators!



Glenbard Parent Series

GPS GLENBARD PARENT SERIES
Navigating Healthy Families

GPS presents distinguished speakers to inspire, connect and inform with research-based strategies that promote positive youth development. Programs are free and open to the public. Links and details at GlenbardGPS.org

Glenbard Parent Series

www.glenbardgps.org

Join other parents, high school and middle school students, and professionals to learn about issues facing today's youth. The Glenbard Parent Series engages top experts, parents and school staff to become proactive and informed in pursuit of the mutual goal to strengthen our communities. Programs are free and open to the public.

UPCOMING EVENTS



LIVE LIFE WELL WEEK EVENT
The Grownup's Guide to the Human Teenager: How to Decode Their Behavior and Develop Their Trust
 Josh Shipp
 Thursday, February 23 at noon and 7pm



Start Them Off Right: Partnerships that Build Early Childhood Success
For parents of children ages 2 to 7 years old
 Dr. Iheoma Inuka with Dr. Junlei Li and Michaelen Doucheff
 Tuesday, February 28 at noon and 7pm



Live Your Excellence: Bring Your Best Self to Work and Home Every Day
 Jimmy Casas
 Thursday, March 2 at 7pm



Growing Up Public: Helping Kids Navigate On-Line Privacy and Reputation
 Dr. Devorah Heitner
 Tuesday, March 7 at noon and 7pm



Practical Strategies for Reducing Anxiety and Challenging Behavior in Students
 Jessica Minahan
 Tuesday, March 14 at noon and 7pm



La preparación para la excelencia: Una academia para padres/Grooming for Excellence: A Parent Academy
BPAC event presented in Spanish
 Dr. Lourdes Ferrer-Allen
 Thursday, March 16 at 6 pm IN-PERSON at Glenbard North



Community Read: The New David Espinosa
 YA Author Fred Aceves with Alex Timchak, MD at noon and Shantelle Whitehead, Psy.D at 7pm
 Tuesday, March 21 at noon and 7pm



BIG Feelings: How to Be Okay When Things Are Not Okay
 Liz Fosslien - Distinguished Glenbard Alumna
 Tuesday, April 4 at 7pm



Supporting Our Kids Through the Inevitable Ups and Downs of Teen Relationships
 Rosalind Wiseman
 Tuesday, April 11 at noon and 7pm



Glenbard South High School

@GBSraiders

23W200 Butterfield Rd, Glen Ell... 630-469-6500

glenbardsouthhs.org