

# Glenbard South Principal Newsletter

January 14, 2022



TRANSLATE

## Principal Message

Happy New Year Raider families! Students have jumped into their new courses and are starting to feel the rhythm of the new year. Each new year brings an opportunity to start fresh and create new goals or positive resolutions for yourself. In the spirit of self-improvement, we have invited Duncan Kirkwood to come to speak throughout the day to our student body on February 7th about:

- Presence – Letting go of the past and focusing on bringing your best self into this moment.
- Grit – Developing the fortitude to overcome every challenge and stick to a goal no matter how long it takes.

- Resilience – Understanding that resilience is a crucial part of mental health and excelling in your job.
- Self Discovery – Participants will learn to dis-identify from things titles and roles and that our value comes from the inside.
- Joy – Discover how each day can bring joy and build your mental health.
- Gratitude – How using a simple exercise can build appreciation and overcome negativity bias.



*Duncan Kirkwood is a veteran, father of three, and recognized authority on psychological resilience. Duncan is an author, Veteran, and global resilience advocate. He has spent his professional life working to empower students, educators, organizations, and communities. His mission is to ensure everyone can learn the critical tools to become the most resilient and best version of themselves. He is blessed to be a husband and father of three. His passion is helping individuals push through their perceived limits to take control of their futures.*

*Duncan trained soldiers to become more resilient, and now he equips students and educators with the same practical tools. As an expert in developing grit and unleashing human potential, Duncan's presentation will create a series of "ah-ha" moments and a steady stream of engagement among your group. Duncan combines military-tested training on resilience with science-backed tools to transform challenges into opportunities for growth.*

Best wishes,  
Principal Santee



## Staying Healthy:

It is important to stay home if you are symptomatic and to get tested before returning to stop the spread of COVID-19.

## FROM THE OFFICE OF:

ASSISTANT PRINCIPAL OF OPERATION  
Mr. Taff Nielsen



We are all aware of the significant increase in COVID cases in our area and the impact it is having on students that have to miss school. Even with the [updated, reduced quarantine timeframe](#), missing five or more days of school is challenging for any student.

Although more than 500 students have had parents/guardians give consent to participate in SHIELD Testing (a diagnostic test for COVID-19) only a fraction of those students have actually participated. There are likely a variety of reasons why some have chosen not to participate. However, if you would like your child to participate, please remind them that SHIELD testing is on Wednesday and Friday each week from 7:00 a.m.-3:00 p.m. in the Champion Hallway.

Please note that we do not remove students from class in order to take the SHIELD Test. They should report for testing at a time that is minimally impactful to their schedule while keeping in mind that eating and drinking cannot take place one hour prior. Also, note that you will only be notified if there is a positive result.

## Commencement for Class of 2022

This year's Commencement Ceremony to celebrate the Class of 2022 will be on Friday, May 20th, 2022. More information will be provided at a later date.



### FROM THE OFFICE OF:

**ASSISTANT PRINCIPAL OF INSTRUCTION**  
**Mr. Sean Byrne**

## District Evening Virtual Tutoring for Math & English starts January 11th.

Certified Glenbard staff members are eager to help students with homework, assessment preparation, writing assignments, or questions about the content of their classes. We are happy to help. Students are welcome to join anytime during open hours!

- Days: Tuesday, Wednesday, Thursday
- Time: 6 PM - 8 PM
- Zoom Links:
  - [Virtual Tutoring - English Link](#)
  - [Virtual Tutoring - Math Link](#)

## Important Upcoming Testing Dates

Families should keep these dates in mind for future planning. These testing dates are important for all assigned students to be in attendance.

- SAT
  - Wednesday, April 13, 2022
  - Juniors Only; No school for other students.
- PSAT 8/9 and PSAT 10:
  - Tuesday April 19, 2022
  - Freshman and Sophomores Only; No school for other students.
- AP Testing
  - May 2 - 13
  - Each subject is tested on a different day. Please see [THIS LINK](#) for specific dates.

## PROGRAM HIGHLIGHT: World Languages

Bon Jour and Hola! Glenbard South is proud of the great work our students do in their world language classes. Students have the option to take either French or Spanish here at South. Both are great options for students who want to challenge themselves in a different way.

The World Languages department uses a method called Comprehensible Input (CI) to immerse students in French or Spanish. CI uses student-centered conversation, compelling stories and novels, and other authentic resources. Teachers facilitate language acquisition rather than just the memorization of vocabulary and conjugations. All of this leads to a fun, active, and engaged learning environment for all students!

French Club enhances the work in the classroom for students who are even more excited about French language and culture. Here is a great shot of their hallway decorations to celebrate National French Week.



Our goal is to make language easily understandable, interesting, individualized, safe, inclusive and culturally rich for all students. We hope you will consider taking a language course next year! Please see your counselor or Department Chair Cindy McManus with any questions.



## FROM THE OFFICE OF:

ASSISTANT PRINCIPAL OF STUDENT SERVICES

Ms. Marina Kosak

## Illinois Youth Survey

On Thursday, January 13th, our sophomores and seniors currently enrolled in Physical Education completed the Illinois Youth Survey. It is an anonymous survey that will provide us information on different interventions that may be needed based on the data that we collect. I appreciate everyone who participated to help guide us in the future. Thank you to our PE department for helping us get this important information.





## Valentines for Veterans

We will continue our tradition of Valentines for Veterans this coming February. This is an opportunity for our Glenbard South students to come together and make cards of gratitude for those serving our country. We will have more information in the coming weeks. Please remind your student to check the student schoology page for important announcements about upcoming events.

## It's not too late to get involved!

Does it seem like your student has some time on their hands with the beginning of the new semester? It is never too late to join an extracurricular activity or club. We have clubs that span so many different interests. You and your student can see all of our clubs and activity offerings by visiting our website. If they have any questions please have them contact Ms. Kosak (APSS) or Ms. Chaloka (Assistant Activity Director).



## PBIS News

**Congratulations to the following teachers for being nominated Raider staff member of the month!**

James Wallace

**Congratulations to the following students for being nominated Raider students of the week!**

Victoria Behling, Jocelyn Mendoza Bustamante, Owen Crosen, Jamian (JJ) Holder, Maddox Johnson, Wyatt Perach, Sam Scullion, Caroline (CoCo) Stachnik

## School Counselor Corner

### Enrollment Season is Upon Us!

Current freshmen, sophomores and juniors should have turned in their enrollment forms before final exams. Please check with your student to make sure they completed this important task. If they did not, we will still accept your student's completed enrollment form!

Counselors are meeting with students one on one throughout the month of January. At these meetings, counselors are reviewing students' credits, class selection for next year and signing them up for summer school as needed. The Academic Program Guidebook is available online to help you better understand our course offerings. It is linked [here](#) and can be found under the Parents/Families tab.

If you have a junior/senior athlete, or a member of our marching band, and plan to apply for a PE waiver to take an additional academic class, please fill out the Google form that can be found linked [here](#) and on our website, under the students tab, then school counseling. Deadline to file for a PE waiver is February 11, 2022.

## FAFSA required for seniors!

A non-academic **graduation requirement** for seniors this year is that you either need to file the [Free Application for Federal Student Aid](#) (FAFSA), or the [Alternate Application for Illinois Financial Aid](#), or to submit a FAFSA [Non-participation form](#) to your counselor. Please note that if you fill out the Non-participation form, you can change your mind and apply for FAFSA later.

Our ISAC representative, Ms. Yasmeen Ragab, can help you file your FAFSA. She has appointments available to our students. Please contact Mrs. Duffy at 630-942-6648 or [michelle.duffy@glenbard.org](mailto:michelle.duffy@glenbard.org) to schedule a Zoom meeting appointment if needed. You can also text ISAC College Q&A with questions about FAFSA, college, and more: (630) 216-4910

## Scholarship Information

The application for the Ed Posh Scholarship is now available on Naviance as well as other scholarship opportunities. Check out the scholarship section in Naviance under the Colleges tab. Any questions please contact our school counselor who oversees scholarships, Mrs. Douglas at [ashley.douglas@glenbard.org](mailto:ashley.douglas@glenbard.org)

Every year, 50+ local organizations provide scholarships for Glenbard South students. In order to be considered for all of these scholarships, seniors only need to complete ONE application. Glenbard South's Local Scholarship application will be live on Naviance starting Monday, December 6th. The application is due in its entirety on Friday, January 28, 2022 at 3pm. Please find more information including directions and required forms [here](#).

## How to Apply for NHS

**== 2nd Semester of Junior year ==**

National Honor Society is based on four tenets: Leadership, Scholarship, Character and Service. All of these things play a role in determining your eligibility. Most importantly work hard to maintain a strong GPA all four years and get involved in volunteer opportunities prior to applying.

### Step 1 : January-Mid February

To be eligible to receive an application you must have maintained a GPA of 4.3 or above through the first semester of your junior year. After finals, the sponsor receives a list of eligible candidates. Copies of the application are prepared for distribution to students' 2nd or 3rd period classes. Most applications are delivered by the 2nd week in February. If you feel your student is eligible but has not received an application by this time please contact the sponsor to check on your individual case.

## Step 2: Mid-February - Mid-March

Once the student has their application, it is their job to turn it in when it is completed by the due date listed on the application. No late applications are accepted! In addition to filling out their membership information packet they must solicit 4 teacher or coach recommendations. AGAIN- IT IS THE RESPONSIBILITY OF THE STUDENT TO MAKE SURE ALL APPLICATION MATERIALS ARE TURNED IN ON OR BEFORE THE DUE DATE INDICATED. NO LATE APPLICATIONS WILL BE CONSIDERED.

# DO GOOD WITH CHIPOTLE



## CHIPOTLE FUNDRAISER FOR GLENBARD SOUTH HIGH SCHOOL BOOSTERS ORGANIZATION

33% OF EVENT SALES GET DONATED TO THE CAUSE

**WEDNESDAY, JANUARY 26TH | 4-8PM**  
695 ROOSEVELT RD, GLEN ELLYN, IL, 60137

ORDER ONLINE FOR PICKUP USING CODE **Z4WTH6B**  
OR SHOW THIS FLYER IN RESTAURANT



For online orders to count towards the fundraiser, they must be placed for pickup only from the restaurant location of, and during the hours of, the fundraiser. Delivery orders and gift cards do not qualify. \$150 minimum event sales required to receive any donation.





## Valentine Day Balloons Fundraiser

Valentine's Day Balloons Fundraiser\*

Consider ordering for your student, their friends, teachers, coaches or staff!

A single balloon is just \$4 and a four balloon bouquet is \$12.

**ORDERS MUST BE RECEIVED BY WEDNESDAY, FEB. 9**

Order online and pay with a CREDIT CARD:

<https://bit.ly/gbsballooncredit>

Print an order form and MAIL A CHECK using the below link:

<https://bit.ly/gbsballoonscheck>

Orders will be delivered to your student on Valentine's Day (Monday, February 14, 2022)

\*Funds are being raised for the Glenbard South newspaper, *The Independent*.

<https://gbsindependent.org/>

**Superintendent Dr. Larson**



## Superintendent shares ways to support health and safety

There's an old adage that says the only constant in life is change. That's certainly true when it comes to the pandemic. The effect of the Omicron variant is the latest change we are navigating.

As we have done throughout the pandemic, we continue to follow guidance from the Illinois Department of Public Health, Illinois State Board of Education, Centers for Disease Control and Prevention and DuPage County Health Department. As you've seen, guidance from health officials changes frequently. Be assured that we closely monitor these changes and discuss what the changes mean to our schools with health officials and area school leaders.

In addition to adhering to all COVID-19 safety mitigations, we offer our students and staff free, voluntary SHIELD Illinois testing at school. We invite students and staff to get tested. Our process requires that a parent or guardian provides consent to test by logging into PowerSchool so their student can participate in voluntary testing on either a weekly or twice per week basis. If you have not participated yet, you may start at any time.

Here are a few ways we can all help support the health and safety of our students and staff:

- Anyone experiencing COVID-19 symptoms should stay home and get tested.
- Contact your student's school health services office if your student is symptomatic.
- Get vaccinated, including a booster shot.
- Wear masks properly, including over your nose and mouth.
- Wash your hands regularly.
- Maintain a social distance from others.

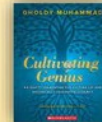
Working together, we can help reduce the spread of the virus.

## Glenbard Parent Series

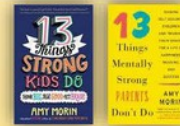
**UPCOMING EVENTS**



**Cultivating Genius and Joy at Home to Ensure All Children Thrive**  
 Dr. Gholdy Muhammad  
 Wednesday, January 12 at 7 pm  
*co-sponsored by the Glenbard Equity Committee*



**13 Things Mentally Strong Kids Do**  
 Amy Morin  
 Wednesday, January 19 at noon and 7pm



**Range: Why Generalists Triumph in a Specialized World**  
 David Epstein  
 Wednesday, January 26 at 7 pm



**Preparing to Achieve: Full Life Ahead**  
 Dr. Michael Allen  
 Wednesday, February 2 at 7 pm



**Real American: A Memior**  
 Julie Lythcott-Haims  
 Tuesday, February 8 at 7 pm  
*Black History Month Event*



**Self-Compassion: Love Yourself for Who You Are**  
 Dr. Kristin Neff  
 Wednesday, February 16 at 7 pm  
*Kick Off to Live Life Well Week*



**Mindfulness for Healing and Self-Care**  
 Tovi Scruggs  
 Thursday, February 17 at 7 pm



**Helping Student Move from Inspiration to Action to Outcomes**  
 Javier Sanchez, Live Life Well Keynote  
 Thursday, February 24 at 7 pm



**B-PAC/GPS PROGRAMS IN SPANISH**



**Ana Mandujano, Educadora del Programa YWCA**  
 Relaciones Actuales entre Adolescentes Jueves, el 17 de Febrero, 7pm  
 Teen Relationships Today Thursday, February 17 at 7pm



**Glenbard South High School**

@GBSraiders

23W200 Butterfield Rd, Glen Ell... 630-469-6500

[glenbardsouthhs.org](http://glenbardsouthhs.org)