

### **XIII. ATHLETICS**

To Our Student Athletes and Parents:

We welcome you to a new school year as we begin our second year in the newly formed Western Sun Conference. We invite and encourage every student to participate in the Raider athletic program which offers 20 sports and over 50 levels of competition.

**ATHLETES:** The decision to participate on an athletic team at South indicates a desire and willingness to make a commitment necessary to continue a fine tradition that has been established by many outstanding student athletes at South. As you walk through our "Hall of Fame" hallway, you will see the pictures of former state finalists and all-conference athletes. These young men and women have set the standards by which others continue to be measured. Believe in yourself. It is your turn to carry on the great tradition at Glenbard South High School.

**PARENTS:** We encourage you to join our Booster Club and become involved by donating your time to help and/or attend as many activities as possible. You will be receiving separate Booster Club Newsletters which will provide further information.

This section of the student handbook has been prepared to provide student athletes and their parents with important information regarding the rule, policies, and procedures of the Glenbard South athletic program. Please read and review this information carefully. Your signature on the athletic permit card gives assurance that you are willing to assist your son/daughter in their compliance with school, departmental, District 87, I.H.S.A., and team rules.

If we can ever be of help or service to you, please feel free to call the appropriate coach or the athletic office at 469 - 6500. Please check the athletic website at [www.glenbard.net/south](http://www.glenbard.net/south) for specific sport information, schedules, directions and important links to athletic websites. We look forward to meeting you. Thanks for your continued support of Glenbard South High School and all of our programs.

The Athletic Department

#### **PHILOSOPHY**

We believe and are committed to the idea that the athletic program is an integral part of the total school curriculum and plays a vital role in the development of young men and women. Participation in athletics is an educational experience beneficial to all because it promotes physical health, mental well-being, good sportsmanship and the values of competition and cooperation. On a school level, athletic competition adds to our school spirit and helps all students - spectators as well as participants - develop pride in our school.

We encourage our teams to always compete to win but we realize that this will not always occur. Far more important than winning are the values we emphasize to our athletes. The results of a contest will soon be forgotten but the memories and valuable lessons will remain with our athletes forever.

It is our mission to encourage our student athletes to participate to the best of their ability and to accept any outcome with dignity. Under the guidance and encouragement of our coaches and parents, the ideal student athlete should develop the ability to draw courage from within and have the confidence to rise up and meet any adversity. If our athletes work hard and do what is required in attempting to overcome obstacles, they will be winners in every sense of the word.

## I.H.S.A. SPORTS SEASON 2007-2008

### FALL

Cross Country (Boys and Girls)	August 13	November 3
Football	August 8	November 24
Boys' Soccer	August 8	November 3
Golf	August 8	October 13

District #87 does not sponsor separate Girls' Golf Team, but girls are allowed to try-out/participate during the season. Interested participants should contact the Athletic Director for additional information.

Girls' Tennis	August 13	October 20
Girls' Volleyball	August 13	November 10

District #87 does not sponsor a Girls' Swim Team, but does sponsor the participation of qualified swimmers in the I.H.S.A. sectional meet. Interested participants should contact the Athletic Director for additional information.

### WINTER

Cheerleading	October 31	February 2
Boys' Basketball	November 5	March 15
Wrestling	November 5	February 23
Girls' Basketball	October 29	March 1
Girls' Gymnastics	November 5	February 16

District #87 does not sponsor a Boy's Swim Team, but does sponsor the participation of qualified swimmers in the I.H.S.A. sectional meet. Interested participants should contact the Athletic Director for additional information.

### SPRING

Boys' Track	January 14	May 24
Boys' Gymnastics	February 11	May 10
Baseball	February 25	June 7
Boys' Tennis	February 25	May 24
Girls' Track	January 14	May 17
Badminton	February 25	May 10
Softball	February 25	June 7
Girls' Soccer	February 25	May 31

### ELIGIBILITY

**General:** Student athletes must meet all the requirements set forth by the Illinois High School Association (IHSA), High School District 87 and Glenbard South. A copy of the IHSA requirements is included in this section. Specific team requirements will be distributed to student athletes and their parents at the beginning of each season.

**Academics:** To be eligible to participate, the student athlete must be passing four classes at all times. The Driver Education course and any class that is being taken for "audit" purposes do not count toward eligibility. Grades are checked on a weekly basis. Anyone not passing four classes is ineligible to compete for a period of one week. The week shall start on Monday morning and end the following Monday morning. An ineligible athlete may continue to practice with the team for a period of two weeks. If eligibility is not regained during that time, the athlete will not be permitted to practice until he/she is passing four classes.

A student athlete who fails to pass four classes at the end of a semester is ineligible for the entire following semester. One ruled ineligible at the end of the second semester can regain eligibility by passing classes taken in summer school.

### **PHYSICAL EXAMINATIONS**

To be eligible to try-out and participate, all student athletes must have an annual physical examination by a licensed physician. It must be on file at Glenbard South and is valid for one year from the date on the exam. It is recommended that physical examinations be completed during the time period from mid-June to mid-August. This prevents the possibility of an exam expiring during the course of the season. Student athletes will not be allowed to try-out, practice or compete unless this requirement is met. Physicals will be deemed invalid if they expire during the season, thus a new physical will be required before try-outs.

### **ATHLETIC FEE**

A fee of \$140.00 per sport must be paid by each student athlete. In accordance with District 87 policy, the fee must be paid by the first contest or the student athlete will not be allowed to compete. This fee is not refundable nor transferable.

### **ATTENDANCE**

Daily attendance is essential for academic and athletic success. Student athletes are expected to attend all classes, practices and contests. An athlete must be in attendance for at least one-half of his/her scheduled classes on the day of practice or a contest. An exception may be made in special cases such as a funeral, family emergency, or doctor/dentist appointment.

### **INHERENT RISK**

Student athletes and their parents are to be aware that athletic participation has inherent dangers and risks. Even though participation and practice is within the rules of a sport and the instruction of a coach is followed, one may suffer a catastrophic injury. These injuries may include but are not limited to death, serious head, neck or spinal injuries that may result in complete or partial paralysis or brain damage. Serious injury to any of the internal organs, bones, ligaments, muscles, tendons or other aspects of the musculo-skeletal system are possible. The injuries that may occur may affect one's future ability to participate in athletics and recreational activities, earn a living or engage in other business and social activities. To attempt to avoid the possibility of injury, a coach's instructions regarding techniques, training and team rules must be followed at all times and participation must always be within the rules of a sport.

Parents and athletes should know that, while universal precautions regarding bloodborne pathogens will be taken, the danger of accidental exposure to body fluids still exist. All participants are encouraged to follow good hygiene and standard precautionary measures.

### **INSURANCE**

Athletes must be covered by medical/hospitalization insurance to participate in any inter-scholastic athletic program. Glenbard High School District #87 provides supplemental student accident insurance for each enrolled student. Two optional plans can be purchased for 24-hour coverage and 9-12 tackle football coverage. Covered accidents must be reported as soon as possible and no later than 90 days from the accident or injury. To initiate a claim, contact the school nurse at extension 4281. For additional information about this plan, please contact the Secretary to the Assistant Superintendent for Finance at (630) 469-9100, extension 5125.

### **INJURIES**

Student athletes should report all injuries to their coach and our certified trainers. Our certified athletic trainers are available to treat injuries and assist with rehabilitation. If a doctor withholds a student athlete from participation in physical education or athletics due to an injury, a written release from the doctor must be brought to the certified trainer before participation in either activity is resumed. If a coach desires, injured athletes may be required to attend practices. Communicate with your coach.

## **TRAINING ROOM**

The purpose of the training room is to provide treatment for the prevention and/or rehabilitation of injuries. It is to be used only when necessary. After treatment is completed, student athletes are to leave the training room. Do not use material or equipment without the permission of the certified trainer. The training room is not a lounge for the "walking wounded" nor a meeting place.

## **ATHLETIC OFFICES**

The athletic offices are located adjacent to the main gym. One of our primary purposes is to assist our student athletes. Please feel free to come to either office whenever necessary. Student athletes should not be in the office without adult supervision. If an adult is not in the office, please wait in the gym until someone is available.

## **TRANSPORTATION**

Bus transportation is provided to and from all away athletic contests. All student athletes are required by district policy to ride the team bus or van unless a parent makes a written request prior to the contest. Athletes will then be permitted to travel only with their parent(s). Permission request forms are available in the athletic office.

Late (After Practice) Athletic Bus:

Student athletes are dismissed from practice in time to board the athletic late bus which normally departs at 5:45 p.m. (Tuesday - Friday). On Monday, the bus leaves at 6:00 p.m. due to the activity period. Occasionally bus times will be adjusted according to the schedule followed during the school day.

To ride the late bus is a privilege. Mature behavior is expected at all times. If behavior becomes unacceptable or is a distraction to the driver, this privilege will be withdrawn. Students must have in their possession their current student I.D. card and must present the I.D. to the driver or school personnel upon request.

## **EQUIPMENT**

A student athlete is responsible for each item of equipment issued. Since the equipment may be valued at hundreds of dollars, it should be secured at all times. Lost equipment must be paid for at replacement cost. Grades will be withheld, or in case of a senior, graduation will not be permitted if equipment previously issued is not returned or paid for. Participation in a subsequent sport will also be denied if equipment obligations are not met.

A considerable amount of money is spent to provide the best equipment possible. It should be treated with care, cleaned as directed and worn only at contests. At the end of the season, all equipment must be turned in clean and in good condition by the specified date established by your coach. Take pride in your equipment and our facilities and exercise good judgment in their use.

## **PHYSICAL EDUCATION WAIVER FOR STUDY HALL**

By District #87 policy, junior or senior varsity athletes may be excused from physical education classes during the period of time that they are a member of an interscholastic athletic team. **The request to waive physical education must take place by the end of the second week of the season.** Waiver forms are available in the athletic office.

The athlete must be earning a passing grade in physical education at the time of the request. If a student's schedule changes at the beginning of second semester, a **new waiver** request must be submitted to the physical education department chairperson.

The justification for being excused from physical education is the belief that an athlete needs this time for study purposes. Consequently, you will be expected to be present at all times in the study hall. Unexcused absence from or any report of misconduct on your part while in the study hall will forfeit this privilege, and you will be required to return to your physical education class. If the

athlete is dropped or quits a team it is his/her responsibility to notify his/her instructor and return to P.E. Failure to do so may result in the assignment of a failing grade.

Students with one class period of release time (one study hall and "early dismissal or late arrival") will not be granted the waiver. The I.H.S.A. requires athletes to be full-time students to remain athletically eligible.

Upon approval of the waiver requests, physical education instructors will send athletes to the appropriate study hall. Unless advised otherwise by the physical education department chairperson, **student athletes must return to their physical education class following their, not the team's, last competition. Failure to do so may result in the assignment of a failing grade.**

### **ATHLETIC LOCKER ROOM GUIDELINES**

All student athletes will be assigned a locker in the team locker area. Use only the locker assigned to you and keep it locked at all times when you are not present. Only locks purchased at the bookstore are to be used to secure one's belongings. For security reasons, keep combinations confidential.

Student athletes are expected to demonstrate appropriate behavior in the locker room. Horseplay, running, vulgar language, etc., will not be tolerated. Towels and trash should be placed in the proper receptacles. Food and drinks should not be brought into the locker room.

### **AWARDS**

Student athletes may earn an award by meeting criteria established by District 87 and/or head coaches. The type of award received is dependent on their year in school, level of competition and previous awards that they have received. The following is a list of awards that may be earned:

1. Freshmen numerals
2. Minor letter
3. Varsity letter
4. Certificates
5. Pin
6. Bar

Student athletes are expected to attend an Awards Night at the end of their sport season. We encourage all parents to attend this important event in recognition of their child's accomplishments. Award criteria for each sport will be provided by each head coach. An athlete must complete and end their season in good standing to earn an award.

### **LETTERWINNER'S BANQUET**

The Glenbard South Booster Club annually hosts a letterwinner banquet for the recognition of all varsity letterwinners. This event is held near the end of the school year but prior to final exams. All coaches and letterwinners are invited and encouraged to attend this outstanding event.

### **PARENT/COACH COMMUNICATION**

At times, both parenting and coaching are extremely difficult endeavors. By establishing an understanding of each position, we are better able to accept the actions of the other and provide greater benefits to our student athletes. This begins with clear communication from your son's/daughter's coach.

#### **Communication You Should Expect From Your Son's/Daughter's Coach**

1. Philosophy of the coach.
2. Expectations the coach has for your son/daughter as well as all the players on the team.
3. Location and times of all practices and contests.
4. Team requirement, i.e. fees, special equipment, off season conditioning.
5. Procedure should your son/daughter be injured during participation.

6. Discipline that results in the denial of your son's/daughter's participation.

#### **Communication Coaches Expect From Parent(s)**

1. Concerns expressed directly to the coach.
2. Notification of any schedule conflicts well in advance.
3. Specific concern in regard to a coach's philosophy and/or expectations.

As your son/daughter becomes involved in the programs at Glenbard South, they will experience some of the most rewarding moments of their lives. It is important to understand that there also may be times when things do not go the way you or your son/daughter wishes. At these times discussion with the coach is encouraged.

#### **Appropriate Concerns to Discuss with Coaches.**

1. The treatment of your son/daughter mentally and physically.
2. Ways to help your son/daughter improve.
3. Concerns about your child's behavior.

It may be difficult to accept that your son or daughter is not playing as much as you might want. However, coaches are professionals. They make judgments and decisions based on what they believe to be best for all the student athletes involved. As you have seen from the list above, certain things can be and should be discussed with your son's/daughter's coach. Other things, such as those listed below, must be left to the discretion of the coach.

#### **Issues Not Appropriate to Discuss With Coaches**

1. Playing time
2. Team strategy
3. Play calling
4. Other student athletes

These are situations that may require a conference between the coach and the parent(s). These are to be encouraged. It is important that both parties involved have a clear understanding of the other's position. When these conferences are necessary, the following procedure should be followed to help to promote a resolution to the issue of concern.

If you have a concern to discuss with a coach, This is the procedure you should follow:

1. Call and set up an appointment. The Glenbard South High School phone is 469-6500.
2. If the coach cannot be reached, call the athletic director, ext. 4255. He will be happy to speak with you and set up a meeting for/with you.
3. Please do not attempt to confront a coach before or after a contest or practice. These can be emotional times for both the parent(s) and the coach. Meetings of this nature do not promote resolution.

What can a parent do if the meeting with the coach did not provide a satisfactory resolution.

1. Call and set up an appointment with the athletic director to discuss the situation.
2. At this meeting the appropriate next step can be determined.

Research indicates that a student involved in extra-curricular activities has a greater chance for success during adulthood. Many of the character traits required to be a successful participant are exactly those that will promote a successful life after high school. We hope the information provide in the handbook contributes to a successful and beneficial experience for you and your son/daughter.

#### **ATHLETIC TRAINING PROCEDURES**

Athletic training services will be provided by Athletico for the 2007-2008 school year. Two certified/licensed athletic trainers will provide service and be available for our athletes at most practices and contests.

When an athlete is injured, he/she must report the injury to their coach who will then direct the athlete to the trainers. After evaluation, the trainers will determine the severity of the problem

and, if necessary, contact the athlete's parents to recommend further evaluation by a physician. If a physician's care is not required, our trainers will initiate a treatment/rehabilitation program for the athlete.

The athlete is expected to "check in" with the trainers every day prior to practice or contest until he is released by a trainer. If you have questions regarding your child's injury or the rehabilitation process, please call our trainers at 469-6500, ext. 4235. Our trainers are on duty daily from 2:30 p.m. until practices/contests have been completed.

At any time, if you think the injury or treatment merit further evaluation, feel free to seek other professional opinions. Please ask your physician to provide our trainers with a note describing the diagnosis, prognosis and treatment plan. An athlete will not be allowed to return to practice or competition without a written release from his/her physician.

### **ATHLETIC SCHOLARSHIPS AND THE N.C.A.A.**

Information for the college-bound student athlete can be obtained from your guidance counselor. In addition, a variety of handouts and information is available in the athletic office.

Suggestions for the Potential Collegiate Athlete:

1. Decide what type of school you would like to attend. You should consider school size, location, state or private, academic requirements, quality of athletic program, community environment, a realistic appraisal of your athletic ability to participate at this school, cost, etc.
2. What are your future goals? After your college days, what do you want to do for a living? Where would you hope to work and live?
3. Seek advice from your guidance counselor as to the academic requirements of the schools you are considering. Meet routinely with your counselor to assure your compliance with NCAA eligibility requirements.
4. Take the ACT and/or SAT preparation courses.
5. Use the computer program in our guidance office to determine those schools which meet your needs and interests as a student.
6. Seek the opinion of older students who have attended the college(s) you are considering.
7. Attend a summer athletic camp at a school you might attend.
8. Send for the admission requirements to those schools you might attend.
9. Create a high school data sheet which lists your academic and athletic achievements as well as honors and activities.
10. Some athletes have prepared a video and a letter of interest that can be sent to college coaches.
11. Seek the professional advice of those who have realistically evaluated your athletic potential your coaches.
12. Pick-up and read the handouts entitled:
  - “Guide for the College-Bound Student Athlete”
  - “NCAA Initial-Eligibility Clearinghouse Information”
  - “NCAA Initial-Eligibility Standards”, and
  - “Recruiting Information”These handouts can be picked up from you guidance counselor or the athletic director.
1. If you are relatively certain you will participate in college, complete the NCAA Clearinghouse registration (following your junior year) and submit the student release form with your \$50.00 fee. The student release form is available on-line at:[www.ncaaclearinghouse.net](http://www.ncaaclearinghouse.net).

### **NCAA PHONE NUMBERS**

NCAA HOTLINE	800-638-3731
NCAA CLEARINGHOUSE	319-337-1492
NCAA CLEARINGHOUSE FAX	319-337-1556
NCAA (Legislative Services) General Information	913-339-1906

**PLEASE READ THESE CAREFULLY. RULES ARE IN EFFECT 12 MONTHS OF THE YEAR.**

## **GLENBARD HIGH SCHOOL DISTRICT #87 ATHLETIC CODE**

**PURPOSE:** The Glenbard High School District #87 intends to develop good citizenship through both academic and extra-curricular programs. In particular, athletic activities provide a practical setting for developing leadership, loyalty, judgment, sense of responsibility, self-discipline, and competitiveness. One of the primary tools of the interscholastic athletic program at Glenbard High School District #87 is to provide student athletes with the lessons and skills necessary for success not only on the athletic field, but in all aspects and areas of their lives.

Participating in Glenbard High School District #87 athletic activities is encouraged, but remains a privilege, not a right. Students choosing to participate in these activities bear the responsibility of representing their school within the community at large. As such, students who choose to participate will be held to a higher standard of conduct as a condition of participation.

**APPLICATION OF THE CODE:** Violations of the Code are limited to incidents of misconduct verified by District 87 staff, law enforcement agencies or an admission of guilt by the student. Direct reports from law enforcement agencies of illegal activity will be investigated. A Code Violation is verified if, by the information available, it appears more likely than not that a Code violation has occurred.

The Code of Conduct is in effect 24 hours a day, every day of the calendar year. The Code applies to incidents of misconduct on or off school property, whether school is in session or not, and whether a student's sport is in season or not.

**EXPECTATIONS:** Student athletes will:

- A. Attend school, practices and contests.
- B. Travel on school-arranged transportation for all events away from school except in unusual circumstances approved by the coach and provided that a parent/guardian authorization form is signed by the parent/guardian and provided to the coach.
- C. Comply with IHSA eligibility standards.
- D. Be responsible for all equipment and/or clothing issued for the activity and the return of such equipment at the end of the activity. Approved by the Board of Education: May 22, 2006.
- E. Adhere to all rules set forth in Glenbard High School District #87 Student Handbook, Board Policy 7:190 regarding student discipline, and all other Board Policies. A suspension from school may result in an additional suspension from an athletic activity.
- F. Display conduct becoming of a Glenbard High School District #87 representative, including respect for people and property at all times. In addition, athletes should recognize that Hazing, as defined within Board Policy 7.190, is strictly prohibited by this Code of Conduct. Administrators and coaches prohibit any and all forms of hazing or initiation rights to a club, activity or athletic team.
- G. Abide by team rules as established by the individual coaches in consultation with the Athletic Director.
- H. Not use or possess tobacco products of any kind.
- I. Not use or possess any illegal or controlled substance, including marijuana, alcohol, unlawful drugs, "look-alike" drugs, drug paraphernalia, and/or any other substance not prescribed for the student that is used or typically intended to be used to achieve a high or altered mental or physical state as identified in the Glenbard High School District #87 Student Handbook, Board Policy 7:190 regarding student discipline, and all other Board Policies.
- J. Not attend, host, plan or otherwise participate in parties, gatherings, or ride in automobiles, etc., where the athlete or others are using or in possession of any illegal or controlled substance, including marijuana, alcohol, unlawful drugs, "look-alike" drugs, drug paraphernalia, and/or any other substance not prescribed for the student that is used or typically intended to be used to achieve a high or altered mental or physical state as identified in the Glenbard High School District #87 Student Handbook, Board Policy 7:190 regarding student discipline, and all other Board Policies. If any Glenbard High School District #87 student athlete

attends a party/gathering in which police make arrests for drugs, alcoholic beverages, or any illegal substance, and the student is listed on the police report as an arrest, witness, or attendee, they may be in violation of the Code.

- K. Not engage in criminal activity. Criminal activity is defined as any activity that would constitute a violation of any state or federal criminal law, other than a minor traffic offense. A police citation, arrest or ticket may be considered a violation of this provision. Approved by the Board of Education: May 22, 2006

**DEFINITIONS:** The following additional definitions will be used in applying this Code of Conduct:

**Possession:** Possession includes, but is not limited to, having access to an item in a school locker, personal effects, a vehicle, or other place where the item is located. It is not necessary that a student intend to control the item. A student may acquire knowledge of an item visually, by being told about the item, or through other sensory perception. A student's knowledge will be determined based on the surrounding circumstances, not just the student's statements. For example, "forgetting" that an item is in one's locker, personal effects, or vehicle does not constitute lack of knowledge. Also, for example, coming onto school grounds or to a school-sponsored event in a vehicle which the student knows contains an item constitutes possession of that item, even if the vehicle or the item is not the student's. A police citation, ticket or arrest for possession of any prohibited substance shall constitute possession under this Code. This provision on possession applies to any policy or rule which regulates or prohibits possession of any item, such as weapons or drug paraphernalia, and such substances as tobacco, alcohol, drugs and look-alikes of such items or substances.

**Look-alike:** A "look-alike" is any substance or item which is not, but reasonably appears to be, or is represented to be, the real substance or item. Examples include: (a) a toy gun which is very difficult to distinguish, except upon close examination, from an actual gun; (b) a green leafy plant material which is not, but is claimed, believed or intended to appear to be, marijuana; and (c) a white powdered substance which is not, but is claimed, believed or intended to appear to be a toxic chemical or biological agent.

**Under the Influence:** Being under the influence includes, but is not limited to, the emission of the odor of any of these substances, such as having alcohol on the breath, or any impairment of normal functioning, such as slurred speech, inability to walk properly or dilated pupils. A police citation, arrest, or ticket for intoxication shall constitute being under the influence under this Code.

#### **PROCEDURES FOR BREACH OF CODE:**

- A. When a student is found to be in violation of any section or provision of the Athletic Code, a consequence will be assigned by the Coach/Athletic Director and/or in consultation with the Assistant Principal for Student Services on a case-by-case basis. These consequences may include but are not limited to:
1. Warning
  2. Parent/student meeting with Coach/Athletic Director
  3. Probation
  4. Suspension from team
  5. Exclusion from team membership

Students may also be assigned specific consequences for violations of the Sections of the Code regarding abuse and possession of tobacco, alcohol, and other prohibited substances, as set forth below.

- B. In the event a student is found to be in violation of Item H of the "Expectations" Section above, sanctions include the following:
1. For the first violation of this policy, a student athlete will be suspended from his/her team for a one (1) week period. The athlete must miss competing in at least one (1) contest during this period of time. If no contest is held during the period of suspension, the athlete will not be allowed to participate during the team's next competition. If necessary, the suspension will be carried over from one season to the next or from one year to the next in the same sport to effect missing one contest.

2. For the second violation of this policy, a student athlete will be removed from the team for the remainder of the season. In addition, the athlete will be required to complete a smoking cessation program prior to future participation in athletics.
  3. This section of the Code (applying to violations of the prohibition against tobacco, Item H) is not cumulative during a student-athlete's career. An athlete starts a new slate with each new season except for the situation described above in B.1, where a student's violation occurs during a period where no athletic contests are scheduled.
- C. In the event a student is found to be in violation of Items I and/or J of the "Expectations" Section above, sanctions include the following:
1. First infraction:
    - a. If the student athlete enrolls in and successfully completes an approved rehabilitation program, he/she will be suspended from 20% of the scheduled contests for the sport in which he/she is currently participating. If necessary, the suspension will be carried over from one season to the next or from one year to the next.
    - b. If the student athlete does not enroll in or does not successfully complete an approved rehabilitation program, he/she will be suspended for the remainder of the current season and from a percentage of contests in the next sport season in which he/she participates to result in a total suspension of one (1) full athletic sport season.
  2. Second infraction:
    - a. If the student athlete enrolls in and successfully completes an approved rehabilitation program, he/she will be suspended for the remainder of the current season and for a percentage of scheduled contests on the next sport season in which he/she participates to result in a total suspension of one (1) full season.
    - b. If the student athlete does not enroll in or does not successfully complete an approved rehabilitation program, he/she will be suspended for twelve (12) consecutive months from all athletic teams.
  3. Third infraction:
    - a. The student will be removed from all athletic activities for the remainder of his/her high school career.
    - b. After twelve (12) months, if an approved counselor or substance abuse program is successfully completed, a student may appeal for reinstatement to the Athletic Director and the Assistant Principal for Student Services. All rehabilitation programs, in order to qualify for purposes of this Athletic Code, must have prior approval from the Assistant Principal for Student Services.
- D. Scheduled contests must be completed in order to satisfy the terms of the suspension.
- E. Student athletes must be participating members of a sport team by the official IHSA starting date for the sport. Student athletes participating in a winter sport must report for track no more than one (1) week after the completion of their season, as defined by the IHSA, in order to fulfill the participation guidelines.
- F. Student athletes must successfully complete their sport season in order for the consequence to satisfy the requirements of the Athletic Code.
- G. Students who self-report an Athletic Code violation to the Athletic Director, Assistant Principal for Student Services, or Coach within seventy-two (72) hours of committing the violation may be eligible for a reduction in the consequence.
1. Violations that occur on weekends or other times that school is not in session must be reported by phone to the appropriate Coach, Athletic Director, or Assistant Principal within the specified time frame.
  2. Violations that result in a police citation, arrest, or ticket are not eligible to be included in the self-reporting procedure.
  3. The Athletic Director and Assistant Principal for Student Services will meet with the student athlete who has self-reported to determine the consequence. Factors that will be considered include: previous disciplinary history, magnitude of the violation, sincerity, and the circumstances surrounding the incident.
  4. Self-reporting a violation does not guarantee a student athlete a reduction in consequence.
  5. Self-report a violation to the appropriate building telephone number:
    - a. Glenbard East: (630) 424-6603

- b. Glenbard North: (630) 681-3190
  - c. Glenbard South: (630) 942-6677
  - d. Glenbard West: (630) 942-7461
- H. Before suspension or dismissal is imposed, the student will be advised of the alleged breach of the Code and the possible discipline and given an opportunity to respond. A reasonable attempt to contact the parent/guardian will be made within twenty-four (24) hours when imposing a suspension or long-term exclusion from the team. A student and/or his parent(s)/guardian(s) may appeal the suspension or dismissal by submitting a written request for an appeal to the Assistant Principal for Student Services. The Assistant Principal for Student Services shall contact the student and or parent/guardian to schedule a meeting to hear the appeal within 2 school attendance days of his/her receipt of the request. Any suspension or long-term exclusion from the team shall be served pending any appeal unless otherwise specified by the Assistant Principal for Student Services. The Assistant Principal for Student Services shall issue a decision regarding the appeal within 72 hours of the conclusion of the meeting held to discuss such appeal. The decision of the Assistant Principal for Student Services shall be final.
- I. Sanctions for any violation that occurs between athletic seasons or during the summer will be enforced during the next season in which the athlete participates.

Approved by the Board of Education: May 22, 2006

# Glenbard High School District #87 Athletic Code Agreement

Student Athlete's Name: \_\_\_\_\_  
(PRINT)

## **STUDENT ATHLETE**

My signature below indicates that I have read, understand, and agree to abide by the information in the Glenbard High School District #87 Athletic Code. I also understand that **the Glenbard High School District #87 Student Handbook, Board Policy 7:190 regarding student discipline, and all other Board Policies will remain in effect for one (1) calendar year from the date of signing. This includes winter break, spring break, and the summer months.**

### **FALL**

\_\_\_\_\_  
(SIGNATURE) (DATE)

\_\_\_\_\_  
(SPORT) (LEVEL)

### **WINTER**

\_\_\_\_\_  
(SIGNATURE) (DATE)

\_\_\_\_\_  
(SPORT) (LEVEL)

### **SPRING**

\_\_\_\_\_  
(SIGNATURE) (DATE)

\_\_\_\_\_  
(SPORT) (LEVEL)

## **PARENT**

I have read and understand the attached Glenbard High School District #87 Athletic Code regarding our student athlete's participation in interscholastic athletics at Glenbard High School District #87, and agree to assist him/her in abiding by these rules, standards, and philosophies.

\_\_\_\_\_  
(SIGNATURE) (DATE)

Student athletes will be asked to sign this Glenbard High School District #87 Athletic Code Agreement prior to each season in which they participate. The parent's signature is only required once per school year.

Thank you for working together with us in our efforts to make the Glenbard High School District #87 athletic program(s) successful, educational and enjoyable.