

**GLENBARD SOUTH
CAC
(Citizens' Advisory Council)
Meeting Notes from December 14, 2011**

Attendees: Karen Volk, Chair; Roseann Griffin, Vice-Chair; Taff Nielsen, Assistant Principal, Student Services; Linda Clark, Kim Opem, Chris Marks, Cindy Christensen, Kim Woods, Debbie Gregorash.

Taff Nielsen presented information about student behavior at Glenbard South. The average discipline incidents/day has decreased. Taff said this is possible due to the positive, caring approach that Amy Valasquez uses toward students. At GS, our enrollment is 1,000 less students than any other building in District 87, yet we have 500 more kids involved in extra curricular activities. PBIS, SFS (Students for Students), Natural Helpers, and Best Buddies have declared an anti-bullying campaign. 180 students will be wearing anti-bullying t-shirts on the same day. The staff raised \$400 to purchase raider wear for low-income ELL students. The staff, community, and the Boosters raised \$5,000 to purchase gift cards for families in need over the holidays. 11 students will be recognized for the Class Act Award on Friday, Dec. 16. The Policy Committee of District 87 is researching the possibility of getting "waived" activity passes for students on free and reduced lunch. There was a discussion about getting even more kids involved at GS since kids who are involved in their school have more pride in and respect for their school.

Roseann Griffin and Kim Woods reported on the book Spark – The Revolutionary Science of Exercise and the Brain by Dr. John Ratey. Dr. Ratey will be speaking on Tuesday, April 17 at Glenbard South, 9:30 a.m. – 12:30 p.m. and at Glenbard East at 7:00 p.m. as part of District 87's GPS (Glenbard Parent Series). Both Roseann and Kim found the book very interesting and highly recommend either reading it or hearing Dr. Ratey speak. Notes from the book can be obtained by contacting Karen Volk, kvolk@att.net, or Kim Woods.

Debbie Gregorash gave a review of the book The Teens Guide to World Domination Advice on Life, Liberty and the Pursuit of Awesomeness by Josh Shipp. Josh will speak during Live Life Well week to all students. He will speak to parents on Feb. 22 at 7 p.m. at Glenbard East. Debbie enjoyed the book and found it very humorous. Debbie's notes are:

1. No one has the right to dominate your world and somebody will if you won't.
2. You don't have the right to dominate anyone else's world.

Ghosts: Painful memories and mistakes – primarily internal

Ninjas: Frenemies who have their own agenda.

Pirates: Bullies who take advantage of you.

Robots: Grown ups who want to program you.

Vampires: Negative influences who draw you in and steal your identity.

Zombies: Chronic complainers who drag you down with their pessimism.

Puppies: Fun temptations with hidden consequences.

Dominate Your School

Dominate Your Career

Dominate Your Goals

Dominate Your Money

Dominate Your Body